



# Orientation to Cave Rescue

*presented by*

**The New Jersey Initial Response Team**

*and the*

**National Cave Rescue Commission**

**Dates:** April 28 through 29, 2012 (Saturday & Sunday)

**Time:** Check-in and late registration begins at 8:00 am  
Class starts *promptly* at 9:00 am

**Location:** Clinton First Aid and Rescue Squad building  
48 Old Highway 22  
Clinton, NJ 08809

**Cost:** \$40.00/registrant (Make checks payable to NJIRT)  
Anyone under the age of 18 will need to contact the course coordinator to make prior arrangements to attend if not accompanied by a parent or guardian.

## **Course Details:**

The Orientation to Cave Rescue (OCR) course is a weekend course with course material defined by the National Cave Rescue Commission (NCRC) that includes many elements of the weeklong cave rescue seminar, except that it does not include vertical rescue.

The OCR is designed as an introductory level program which consists of classroom and field work in all phases of cave rescue including: underground environment, extrication techniques, communication systems, medical management, and organization and management of cave rescue.

The basic orientation curriculum is presented for registrants who typically consist of cavers, emergency services personnel, and rescue management personnel.

## **Contacts:**

For Additional Course Information:

John Gumbs

Email: [trecrescue@yahoo.com](mailto:trecrescue@yahoo.com)

Phone: 570-409-0394

Mail Registration and Payment To:

Kevin Psarianos

107 Limewood Dr

Hamilton Square, NJ 08690-2212

Make Checks Payable to "NJIRT"

Email: [kpsarianos@gmail.com](mailto:kpsarianos@gmail.com)

Phone: 609-310-1072

## **Requirements:**

All course equipment will be provided *except* for personal equipment.

Registrants will be required to have the following available for inspection at check-in:

- **UIAA, CE, or ANSI/NFPA approved helmet** with a three or four point suspension system and non-elastic chinstrap.
- **Rugged clothing** for outer layer with **synthetic clothing** as base layer. Sturdy, lugged-sole **boots**. Well-fitting, **leather gloves**.
- **Three sources of light**, at least two must be electric, one must be helmet mounted and one capable of being helmet mounted. All must be sufficient to allow you to exit the cave. Carbide will not be allowed when working near patients, in close quarters with groups of people, or with ropes, but is acceptable for use in other conditions. **Spare batteries** for those lights.
- Durable **water bottle**. High energy, packable **snacks**.
- Small personal **first-aid kit**. Any “**personal**” **necessities**.
- Small, heavy-duty **pack** for carrying personal gear underground.

## **Additional Recommended Equipment:**

- 2 heavy duty, contractor grade, plastic garbage bags (42 gallon size or larger)
- Knee and elbow pads (highly recommended)

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Registrants are expected to be self sufficient for lodging and meals (coffee and donuts will be provided in the classroom).

## **Accommodations:**

### Camping

**Camp Carr YMCA** (\$30/site/night incl. W+E) 908-782-1044 x619  
Hamden River Road (before April)  
Clinton, NJ 08809

If you plan on camping, please Contact Kevin Psarianos prior to contacting Camp Carr ([kpsarianos@gmail.com](mailto:kpsarianos@gmail.com) or 609-310-1072).

### Hotels

**Holiday Inn Select of Clinton** 908-735-5111  
111 West Main Street  
Clinton, NJ 08809  
<http://www.ichotelsgroup.com/h/d/sl/1/en/hotel/connj>

**Hampton Inn Clinton** 908-713-4800  
16 Frontage Drive  
Clinton, NJ 08809  
<http://www.hamptonclinton.com>

# Orientation to Cave Rescue Registration

Complete and mail this form with payment by April 7, 2012

## Personal Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone (home): \_\_\_\_\_

Telephone (cell): \_\_\_\_\_

Alternate (pager, etc.): \_\_\_\_\_

Email: \_\_\_\_\_

Affiliate Organization: \_\_\_\_\_

(EMS, Fire, Rescue, Law Enforcement, Grotto, etc.)

Level of Training (check all that apply):

CPR  First Aid  First Responder  EMT  EMT-Wilderness  Paramedic

Nurse  Physician

Firefighter  Law Enforcement  Search & Rescue  Rope Rescue

Other (specify): \_\_\_\_\_

Caving Experience:  None  Yes (see following)

If you answered "yes" above, please specify extent of experience.

Minimal (been on guided commercial cave tours)

Some (been on wild cave trips with others leading)

Lots (lead wild cave trips on a regular basis)

## Physical Data:

Male  Female Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

List any known medical conditions/allergies: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List any medications taken regularly: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

(relationship)

Emergency Contact Telephone: \_\_\_\_\_